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BEyond BE.Live

Productive Ageing: Empowering Older Adults



HARBOUR LIGHTS
Junior Chamber International Hong Kong Magazine
2018, Issue 4

JCI Hong Kong



COVER STORY 05

JCI CREED

We believe . . .

That faith in God gives meaning and purpose to human life;
That the brotherhood of man transcends the sovereignty of nations;
That economic justice can best be won by free men through free enterprise;
That government should be of laws rather than of men;
That earth's great treasure lies in human personality;
And that service to humanity is the best work of life.

青商信條

我們深信 . . .

篤信真理可使人類的生命具有意義和目的;
人類的親愛精神沒有疆域的限制;
經濟上的公平應由自由的人通過自由企業的途徑獲得之;
健全的組織應建立在法治的精神上;
人格是世界上最大的寶藏;
服務人群是人生最崇高的工作。

JCI MISSION

To provide development opportunities that empower young people to create positive change.

青商使命

提供發展機會以促進青年人創造積極正面的改變

JCI VISION

To be the leading global network of young active citizens.

青商願景

成為全球具領導性的青年積極公民網絡



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Any suggestions or tips-offs for Harbour Lights?
Please email to : nompub2018@jcihk.org

EDITORS' MESSAGES

By 2041 one out of three persons in Hong Kong will be above the age of 65. Ageing is inevitable, so are the problems that come with it. As a rapidly ageing society, Hong Kong also needs to be prepared for the challenges ahead. As this issue of Harbour Lights we dedicate to the Empowerment of Elderly, so the interview we conducted was with one of the best persons to discuss the matter - Mr Caspar Tsuim, Under Secretary for Labour and Welfare of HKSAR. There are many policy interventions that government have been implementing, yet more must be done. And empowering of the elderly is not a job of a government only - everyone in the society should contribute. How? See more on the pages of the engaging interview discussion with Caspar.

And this year local chapters as well as NOM did a fabulous job, a lot of projects had been organized dedicated to the theme of empowerment. Discover your favorite on the following pages and get inspired to keep up for the coming year!

Lastly, I would like to thank wholeheartedly to my team for working hard this year and making this magazine possible. It has been amazing experience and here I am concluding my two-year journey with Harbour Lights while looking forward toward 2019 excited on new challenges and horizons!

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MESSAGE FROM NATIONAL PRESIDENT





Believe in yourself! When I was the Organisation Committee Chairman for Ten Outstanding Young Persons (TOYP) Selection back in 2014, one of the Awardees for that year was Lai Chi Wai (黎志偉). He was famous for winning the Bun Scrambling Competition by grabbing the highest number of 'lucky' buns scattered across the huge bamboo tower constructed every year by the inhabitants of Cheung Chau island as part of their annual Da Jiu Festival. Climbing up and down the bamboo tower, his agility came from years of training on rock climbing as a professional rock climbing athlete. His highest ranking was world number 8.

A sudden car accident made Chi Wai paraplegic. He thought he was never going to travel freely again, let alone climbing.

As he is an optimistic person and started to realise his ability to influence others, he bounced back from the bottom of life. He started to find meaning in his life and found the strength to climb again with his wheelchair.

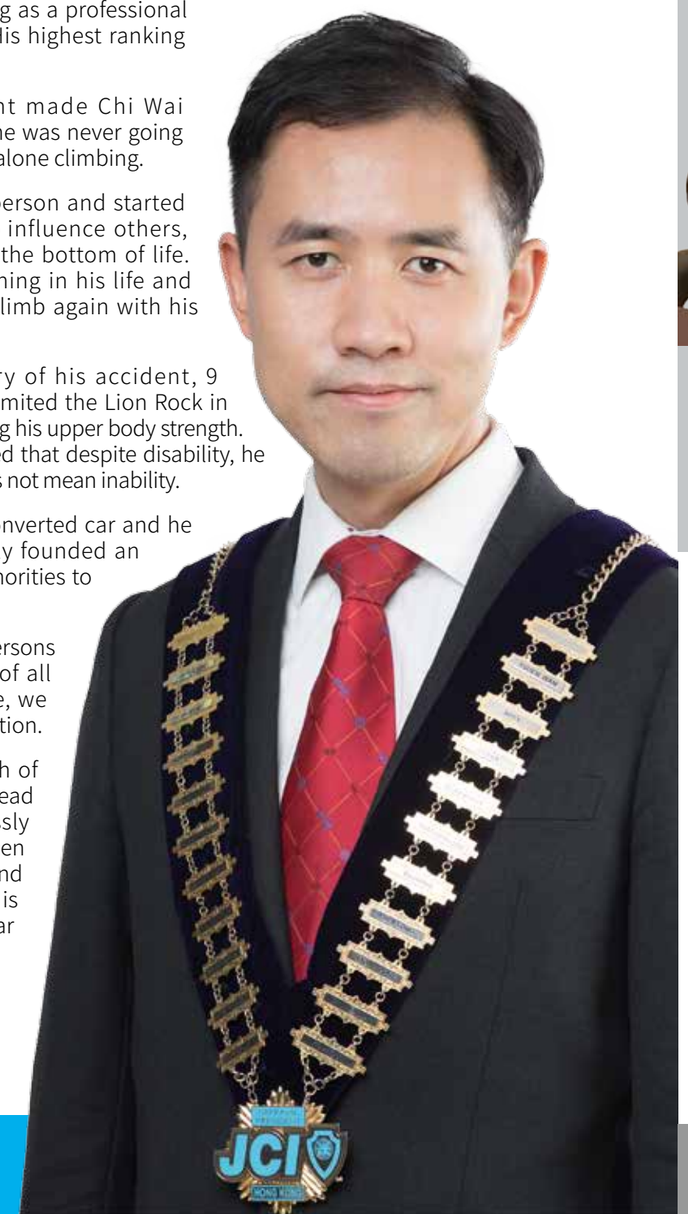
On the 5th anniversary of his accident, 9 December 2016, he summited the Lion Rock in Hong Kong by purely using his upper body strength. This act made me realised that despite disability, he could still continue to pursue his dreams. Disability does not mean inability.

Now he is free to travel anywhere he likes on his converted car and he continues to be a rock climbing coach. He recently founded an NGO called "Ignite" which aims at training the minorities to become a climbing coach or motivational speaker.

This is one of endless stories on how otherly-abled persons made their comeback. When we embrace people of all capabilities and support one another through love, we build a more harmonious society free from discrimination.

Eight TOYP Awardees were selected this year. Each of them has their unique not-so-normal experiences. Read up on them and be inspired by how they relentlessly overcome their challenges. You can only succeed when you force yourself to step out of your comfort zone and live a life which can only be attributed to you. This is how we manifest the theme of JCI Hong Kong this year - Beyond BeLive!

Senator Ronald Kan





Interview with
Under Secretary for Labour and
Welfare, Mr Caspar Tsui

PRODUCTIVE AGEING: EMPOWERING OLDER ADULTS

For this issue of Harbour Lights JCIHK Publication Team interviewed Under Secretary for Labour and Welfare, Mr Caspar Tsui Ying-wai. He spent his youth in Canada, educated there since the age of 6 and made solid steps to build stellar career as young professional in HSBC, Bank of Montreal, Merrill Lynch. Yet, on the peak of it, he decided to come back to Hong Kong and support his family, particularly grandma, who at that time suffered dementia. Coming from humble beginnings, he understands very well and has huge empathy for young people, who work and support their families. He knew his calling, and served Home Affairs department as Political Assistant for over 9 years, only to continue contributing the society as Under Secretary for Labour and Welfare since August 2017.

ABOUT LABOUR AND WELFARE BUREAU

Labour and Welfare Bureau of Hong Kong SAR mission is to safeguard the rights and benefits of employees and promote the well-being of the underprivileged via development and implementation of labour and welfare policy initiatives. After healthcare, it's second largest spender of the government money. On the labour side, it addresses issues of promoting employment, maintaining harmonious employer-employee relations, improving employees' rights and benefits and enhancing safety and health at work. On the social welfare aspect, Mr Tsui is dedicated to build a caring and cohesive community, with various programs, such as poverty alleviation, elderly care, support for the disadvantaged and needy families, as well as promoting self-reliance through suitable support measures. He continues to promote the well-being and interests of women in Hong Kong, and work on policy matters relating to manpower planning, vocational training and retraining.

WHAT WE ARE FACING

By 2021 one out of six people in Hong Kong will be above the age of 65 and by 2040 one of three will be so. And with the low fertility rate it leads Hong Kong's society to face two major challenges: the rapid aging society and the projected reduction in our labour force. How to deal with such challenges? And Mr Tsui has got the answer - by empowering our elderly! How do we improve quality of life as people age? How to enable older adults to realize potential for physical, social & mental well-being throughout life course? How do we create conditions for productive ageing - i.e. making economic contributions to the society? These and other tough and important questions we discussed with Mr Caspar Tsui.

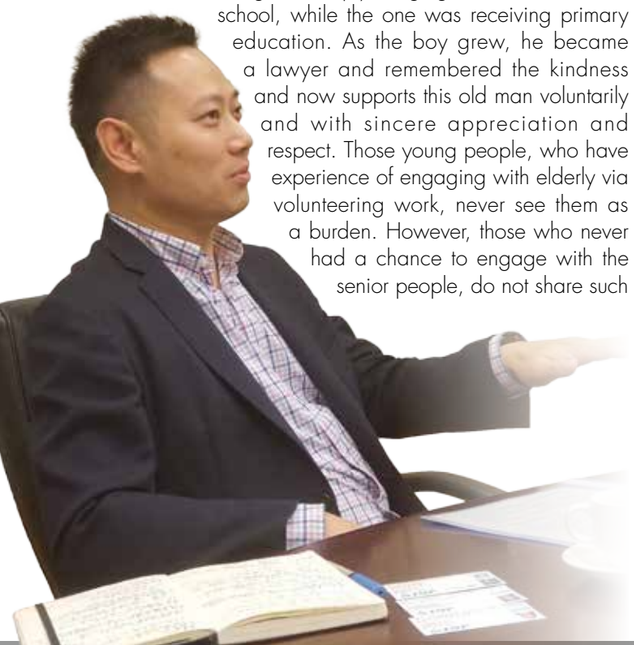
FIRST THINGS FIRST - LET 'EM TO WORK!

Hong Kong does not set a legally required age for the retirement, compared to most of other countries. Yet

many people tend to retire by the age of 65. Compared to Singapore and Japan, for instance, where elderly participation in the labour force is over 20%, we lag behind with only 11% of the elderly group working. As we expect to live the longest in the world, how do we empower elderly to work longer, too? As you might have seen recent promotion while taking MTR, it is about changing mindset of employers. They have long complained of the lack of talent, but the real question is - where did they look for the talent? In fact, elderly people have some of the most desired qualities, such as loyalty, patients to handle various tasks and solve problems, as well as vast experience and wisdom to advise on company's strategic direction and network. What employers shall do is to create more age-friendly conditions for them to work: allowing flexible working hours with enough time to rest, working from home. With digitalization, a lot of work can be done remotely and elderly proved to be no less tech savvy as their millennial grandkids! Labour and Welfare Bureau comes with support, such as subsidies to employers, support to create right environment, vast number of government-sponsored training and retraining programs. "Give them the opportunity and they will come!", - Mr. Tsui passionately explaims.

WHAT CAN WE DO?

The empowerment of any social group, be it elderly, women, persons with disability, poor and underprivileged is not a task for a single government entity, NGO or the group itself. Caspar actively advocates for the community-based approach. There is a work for everyone and that pays-off. On the question whether young people perceive elderly as a burden, Mr Tsui answers: "Yes and No". He tells a story of a senior fellow, who took care of schoolboy through mentoring and simply bringing him to and from the school, while the one was receiving primary education. As the boy grew, he became a lawyer and remembered the kindness and now supports this old man voluntarily and with sincere appreciation and respect. Those young people, who have experience of engaging with elderly via volunteering work, never see them as a burden. However, those who never had a chance to engage with the senior people, do not share such understanding. Creating more engagement opportunities to young and old, like at schools, as care-givers and receivers will benefit society. Whoever gives, also receives.



We shall be open to give and receive help whenever we can, interdependence is the only way we can build and live in sustainable communities, where people gladly take care of each other. On another example, Mr Tsui tells that at least once per week in communities throughout Hong Kong there will be a case of dementia patient who gets lost and don't know how to get back home. It's not a job of police officer to take care of such person, nor social workers can monitor every step and find out (and there is a lack of manpower for such!). How the community has to handle? Taking a smart and creative approach, as a part of the solution, government runs programs to educate security guards at the buildings where vulnerable patients live how to take care of them. "Security guards would know people in their building. Who is the most forgetful or vulnerable. We train them and give advice how to handle such cases… So people won't get freezed and scared what to do - they will know and provide an educated support", - Caspar shares.

A MAGIC PILL THAT SOLVES ALL OUR PROBLEMS…

When asked if there would be the one thing that if all of us would work on, could help to solve the issues associated with elderly empowerment - Mr. Tsui replies with a sigh: "There is no a single thing. However, what can significantly help is a wider adoption of technologies. We shall never underestimate its power to transform communities and facilitate a better quality of life. Nowadays there are many technological solutions existing on the market, we just need to embrace them and adopt for our daily use. For example, automated medical devices can help elderly with rehabilitation and maintaining good physical health conditions, reducing physical pressure on caregivers. Continuous blood pressure monitoring machines collect the data about patient's health condition and store it on the cloud. In case of any emergency, it can instantly notify the social worker, doctor and family member in order to provide rapid support. Or tracking devices can help quickly locate lost dementia patient, so to reduce stress for the person, anxiety for loved ones, caregivers and family."

THE ROLE OF JCI HONG KONG

And what JCI can do? Mr. Tsui envision JCI role as the bridge between businesses, government and other organizations to promote necessary cultural shifts among different stakeholders. JCI members comes from all walks of life, entrepreneurs and young professionals, engage different social groups via its projects from babies to very old people. So the organization is positioned the best to be the front-runner of the change in the communities, and can advocate it holistically via communicating the message to various channels. It is a strength and a differentiating point, we shall embrace it and keep empowering young people to make positive changes for the betterment of our society.

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THE 53RD NATIONAL CONVENTION HIGHTLIGHTS

- The 53rd National Convention, organized by JCI Sha Tin, takes place in a 5-Star grand hotel, Hong Kong Regal Airport Hotel on 22nd – 23rd of September.
- The theme of the National Convention is "Creating Positive Changes" and all sessions are designed with element of theme.
- 560 members participate the National Convention this year. There are 3,00 attendees in total across the 13 sessions over the 3-day convention.







WORLD CLASS PERFORMANCES

- 500 attendees enjoy the 2 world-class performance. The A Capella team sings 2 songs, including Neil the World which echos to the goal of JCI Movement – keep creating a better world.
- The international competition champion rope skipping team demonstrate their passion and energies through the light-off performance.









THEME SEMINAR – CREATING POSITIVE CHANGES

300+ audiences including external guests and JCI members are inspired by the sharing by the 3-star speakers, including Hanjin Tan, a Famous Singer and Songwriter, Stephanie Au, The Asian Games silver medalist, and Serin Ko, The Associate Director of Tencent, with the moderation from Nero Chung from JCI Sha Tin.





THE NEW LEADERS PROMISE TO KEEP MAKING CHANGES

One of the highlights in General Assembly is definitely the election of the new leadership for JCI Hong Kong. All candidates present the speech with their passion and vision. Under the great leadership of National President-Elect Senator Zenith, the whole combine are successfully elected.



RECOGNITION TO WHO CREATE POSITIVE CHANGE

Apart from enjoying the great foods and and fund time with good friends, recognizing the contribution of outstanding individuals and teams in making positive changes to JCI Hong Kong and the society is the highlight and exciting moment at the Convention Ball.

15 NEW SENATORS

Regardless of their positions, 15 leaders have been unconditionally give their personal time, resources and even money in supporting the JCI movement and continuedly making positive changes.









AWARD PRESENTATION

Nearly 50 awards and merits are given to the excellent individuals and the well-performed chapters in recognition of their efforts.



JCI WORLD CONGRESS 2018 IN GOA, INDIA





2018 World Congress Briefing Day Section was successfully held on 16 October. Onto World Congress OC Jenny Fong (PJC), Chairperson Virginia Chan (LRJC) have given presentations about the matters arranged with COC and related parties including Delegate Tours, NOM flights, Visa arrangements, NP Dinner arrangements, etc. Delegate Kits made by Onto team have also distributed that night.



DAY TOUR EXCLUSIVE FOR HONG KONG DELEGATES

Day tour on 29 Oct (Day before WC) and 3 Nov (Day 5) exclusive for Hong Kong Delegates.




For the tour on 29 Oct, 7 members from JCI Macao and 5 members from JCI Malaysia also joined together to visit Old Church, Beach, and enjoyed Goan cuisine together.

HONG KONG DELEGATE OF WORLD CONGRESS REGISTRATION

JCI 2018 World Congress was successfully held in Goa, India. 39 of Hong Kong delegates participated the Conference this year, ranking in 8th most registrants to World Congress.



On 30 Oct, Hong Kong Delegates took part in the World Congress Opening Ceremony at Goa University Stadium. in supporting the march-in of Chief Delegate of JCI Hong Kong, NP Senator Ronald Kan and VIPs from Hong Kong, Onto World Congress team arranged seats, coordinate JCI Hong Kong delegates to unite and wave a big “JCIHK” balloon along with Hong Kong flags..

JCI WORLD CONGRESS 2018 IN GOA, INDIA



On 2 Nov Morning Show, NP Senator Ronald Kan represented JCI Hong Kong to receive the awards of JCI Efficiency Index, JCI Hong Kong achieved full marks of 120 on the JCI 100% Efficiency Program; NP Senator Ronald Kan, 2019 NEVP Senator Ben and Kam Ming Fun (JCI Tsuen Wan) received the "Grand Slammer" Awards by successfully travelled over the world to complete all area conferences and World Congress this year.

CONGRATULATIONS TO NIPP SENATOR TERESA POON FOR BEING ELECTED AS 2019 JCI VP

On 31 Oct and 1 Nov, Hong Kong Delegates witnessed the JCI Vice President Candidate Presentation and Caucus Section and next day, NIPP Senator Teresa Poon obtained the highest vote elected as 2019 JCI Vice President.



JCI HONG KONG SHOWCASES EAST AND WEST CULTURE IN APDC NIGHT

On 2 Nov, in Awards Presentation, Onto Team arranged the reserved seats and were hosting the Booth of APDC Night which held subsequently that night. Onto teammates and members were on site for souvenirs, drinks and decoration set up. Thank you for all of them acting as volunteers.





The Booth presented by JCI Hong Kong provided both Chinese and Western style of games and drinks. They served as symbol of Hong Kong's cosmopolitan style and diversity. Filled with many overseas delegates , on-to team served and showcase the unique Hong Kong's souvenirs and the hospitality.

JCI HONG KONG CONTINUE TO EXCEL IN WORLD CONGRESS

In 2018 JCI World Congress Awards, JCI Hong Kong was proud to shine on an international stage. Representing the dedications and excellencies of each of member of JCI Hong Kong, the achievements are as follow:-

Best Local Economic Development Program
Workplace Wisdom, JCI Peninsula
Best Local Personal Skills Development Program
The 27th Hong Kong Silver Tongue Content, JCI North District
Best Local Global Goals Project
The Watchman: Visualize the Invisible, JCI Tai Ping Shan
Most Outstanding National President (Best Three)
Ronald Kan, JCI Hong Kong
Most Outstanding Local Project
The Watchman: Visualize the Invisible, JCI Tai Ping Shan





Meanwhile during World Congress 2018 announced the following JCI Hong Kong members will take up responsibilities as JCI Officers and JCI Appointees in 2019:

JCI Audit Committee Member
2015 National President Senator Anthony Leung, JCI City
JCI Vice President 2019
Senate Chairman, National Immediate Past President Senator Teresa Poon, JCI City Lady
JCI Marketing Committee Chairman 2019
Senator Maurice Leung, JCI Island
Civil Society Partnerships Committee Member, Asia and the Pacific 2019
2018 National Executive Vice President Senator Maric Cheng, JCI Tai Ping Shan
JCI Sponsorship Committee Member, Asia and the Pacific 2019
2018 National Executive Vice President Senator Angel Tam, JCI Ocean

During the Congress period, members were also actively attending the training below:

DALE CARNEGIE TRAINING

JCI Facilitator
Below Hong Kong delegates had successfully finished 2-days training on JCI Facilitator Section:



PE Ellen Chung (HKJTT), National International Affairs Director Ringo Chung (LRJC), Samuel Chan (QJC), IPP Joel Li (AJC).











Herewith to thank the great Organizing Committee, they devoted tremendous time for the preparation for this tour. They are:

Chairperson	Virginia Chan (LRJC)
Deputy Chairman	Rafael Wong (CJC)
Secretary & Treasurer	Jenny Fong (PJC)
Promotion & Sponsorship	Samuel Chan (QJC)
APDC Night	Calvin Chan (TWJC)



IA team would also like to express gratitude to National President Senator Ronald Kan for his unfailing support.

The guidance from the Advisor and Supervising Officers:
IA Area Advisor 2016 National President Senator Brian Kwan, National Executive Vice President Senator Angel Tam (OJC) and National International Affairs Director Ringo Chung (LRJC)

1+1 港澳同盟資深遊






On 27 Oct 2018, 30 JCIHK Alumni Club members went to Macau to have the annual cultural exchange program 【1+1 港澳同盟資深遊】 with JCI Macau alumni.

In the morning, the alumni club members had hiking at Long Chao Kok Coastal Trail (黑沙龍爪角海岸徑) to enjoyed the sunshine and golden wind. Then, the group had delicious dishes of Portuguese food and visited Cotai Ecological Areas (路氹城生態保護區). The cultural exchange program closed with the happy evening party.

This year, special guests from JCI Taiwan Alumni joined the program. JCIHK Alumni Club committee had a formal meeting and welcome dinner with the JCI Taiwan alumni. During the visit of JCI Taiwan alumni, experiences of the alumni club management were exchanged.

2018 資深青商麻雀皇大賽【皇者榮耀】







About 50 jaycees from 16 Chapters witnessed the birth of 2018 “皇者榮耀” Alumni Club Mahjong King on 7th September 2018. After fighting for 21/2 hours, “皇者榮耀” champion went to PNP Senator Eddy Wong followed by PC Senator Vico Yip, PC Senator Eric Poon and SM Edmund Ip. All participants enjoyed the evening with delicious food and funny mahjong games – 甩牌食糊 and 麻雀對對碰 . Dinner ended with September birthday celebration and of lots of snacks where shared around the rooms by prize-winners.

泰開心青島逍遙遊









Accompanied with a favorable season in Shangdong(山東), on October 11-14th, our " 泰開心青島逍遙遊 " was successfully held. 3 interesting cities of Shandong, Qingdao(青島), Taian(泰安) and Qufu(曲阜) were visited. Taian and Qufu were ancient cities. Qingdao was the city with a very special historical background, because it was ruled by Germany over 5 decades. Lots of European style buildings could be easily spotted around the city. The first telephone system in China was installed right here.

The first attraction visited was the Five Sacred Mountains(五嶽之首) - Taishan(泰山), then follow by the Confucius Temple(孔 廟) that had more than 2,000 years old of history. In Qufu, we had a chance to taste the "Confucius Feast(孔府宴)". We also visited the special buildings in Qingdao and tasted the fresh seafood around the coastal city. At the same time, we enjoyed the wonderful night view of Qingdao accompanied with a very modern lighting performance, which made our members stunned! The four-days journey completed in the joy!



2018 TOYP Awardees carried the objects could most represent them

2018 年度「十大傑出青年」展示一件最能代表自己的物件

TOYP SELECTION 2018 HIGHLIGHTS

Result Announcement Press Conference

The Result Announcement Press Conference of Ten Outstanding Young Persons Selection 2018 was held on 7th October, 2018 at Conrad Hong Kong. This year the judging panel of TOYP Selection is honouring eight awardees in five categories, who, while having vastly different experiences and backgrounds, all share a common drive to succeed and a passion to improve the lives of people in our city.

十大傑出青年選舉於 2018 年 10 月 7 日假香港港麗酒店順利舉行「結果公布記者招待會」。本年度評審選出了八位得獎者，他們雖然來自不同界別，但卻擁有一個共通點，就是對工作充滿熱誠，對人充滿希望，面對挫折不退避，為理想撐到底的青年鬥士。

The press conference was well attended with more than 300 guests including Dr. Pang Yiu-Kai, GBS, JP, Chief Judge of Judging Panel; Ms. Ms. MOK Fung Yee, Emily, MH, JP, Member of Judging Panel; Mr. Francis NGAI, Member of Judging Panel; Mr. Ringo CHOI, Selection Consultant, Asia-Pacific IPO Leader, Managing Partner, China South, Ernst & Young; Ms. Mary YU, Chairman of The Outstanding Young Persons’ Association, and past awardees.

大會首席評審彭耀佳博士 , GBS, JP、評審團成員莫鳳儀女士 , MH, JP、評審團成員魏華星先生、甄選顧問安永亞太區上市服務主管合夥人華南區主管合夥人蔡偉榮先生、傑出青年協會主席余嬡女士以及多位歷屆傑青等超過 300 位嘉賓均有出席，見證本年度傑青的誕生。



2018 TOYP Awardees and National President of JCI Hong Kong

2018 年「十大傑出青年」及國際青年商會香港總會會長合照



2018 TOYP Awardees and their Proposers, representatives from TOYP Selection 2018, and JCI Hong Kong

2018 年度「十大傑出青年」及提名人、「十大傑出青年選舉 2018」甄選、評審及籌委會代表、以及國際青年商會香港代表合照



2018 TOYP Awardees, past TOYP Awardees, representatives from TOYP Selection 2018, and JCI Hong Kong

2018 年度「十大傑出青年」、歷屆傑青、「十大傑出青年選舉 2018」甄選、評審及籌委會代表、以及國際青年商會香港代表合照



More than 300 guests and media friends supported the press conference
超過 300 位嘉賓及傳媒朋友出席支持記者招待會

TOYP SELECTION 2018 HIGHLIGHTS

Community Service Day



Every year our new awardees will be servicing the community together to deliver positive messages. "The community Service Day", as a part of the program of Ten Outstanding Young Persons Selection, by providing a platform for the awardees to share their experience and professions to the community, passing the positive energy to plant the seed for our futures.

"The community Service Day" - "Children build the future" of TOYP Selection 2018 was held on 11th November, 2018 at The Hong Kong Girl Guides Association. It is great honor to have invited 2018 TOYP awardees leading the team with local small ethnic group and primary school students to discuss and think about future developments.

For the programme of the event, TOYP awardees used LEGO® SERIOUS PLAY® as a main tool, through LEGO bricks and discussion-based approach to guide participants how to use problem-solving skills; to reach consensus ideas and strategies to integrate with the Sustainable Development Goals (SDGs).

The topic including Quality Education, Life on Land, Gender Equality, Good health and well being, Partnership for the goals,etc. Also, the participants and TOYP awardees produced the micro movie and share with ideas at the end of the workshop.

We hereby express our deepest gratitudes to our supporting organization, The Hong Kong Girl Guides Association, Scout Association of Hong Kong, and Baptist Rainbow Primary School, all JCIHK and members to actively participate this meaningful event.

每年傑出青年選舉之得獎者均藉著社會服務日，向大眾宣揚正面訊息，回饋社會。 是次活動為選舉系列的一環，提供平台讓一眾傑青走入社區，透過傑出領袖分享經驗，灌輸不同經驗給小朋友們，正面思考，希望為世界未來帶來改變。

本年「十大傑青社會服務日」以「童建未來」為主題，已於 11 月 11 日 (星期日) 假香港女童軍總會圓滿舉行。透過活動探討世界和平這重要議題，匯聚 2018 年傑青得獎者、來自不同學校及社會機構的本地及少數族裔的小四至小六學生，利用 LEGO® SERIOUS PLAY®，一種以討論形式為主及樂高積木為主要工具，引導創意及思考問題解決流程，形成共識並擬定策略的工作坊，並融合「聯合國可持續發展目標」(UNSDG) 去討論如何達致世界和平。

於活動上 2018 傑青及參加者，討論了教育、可持續的陸地使用、性別平等、良好的健康環境等議題，給予了兒童自主學習及思考的空間，並製作了微電影，提倡如何達致世界和平的重要性，透過兒童雙手一同建造未來。

是次活動能順利舉行，除了活動籌委會的努力外，亦感謝協辦及支持機構協助，當中包括 : 香港女童軍總會，香港童軍總會和浸信會天虹小學，以及嘉賓及青商會友的大力支持及參與。

TOYP SELECTION AWARDS PRESENTATION LUNCHEON

香港特別行政區行政長官林鄭月娥女士及多位政府官員向本年度八位傑青致賀辭。行政長官林鄭月娥女士讚揚本年度八位傑青在自己的領域上有卓越表現、同時積極貢獻社會，成為大家學習的典範。

「十大傑出青年選舉」名譽贊助人、香港特別行政區政府政務司司長張建宗先生，大紫荊勛賢，GBS, JP 為活動主禮，並頒發獎項嘉許本屆八位傑青。張建宗司長亦同時肯定總會的工作，勉勵商會未來要繼續努力推動青年教育。

首席評審、 1999 年十大傑出青年，怡和管理有限公司副行政總裁彭耀佳博士衷心恭賀本屆八位得獎者成為十大傑出青年，並寄語他們要秉承以往傑青的傳統，持之以恆做好自己，保持正直和無私的價值觀，多參與社區服務，過有所作為的每一天。

總會會長簡汝謙先生表示，非常榮幸今年「十大傑出青年選舉」選出八位得到社會各界肯定的青年人。他認為今日的青年，正是建構未來、受惠於未來的一群，他期望本屆傑青能身體力行，推動本地青年教育工作以及聯合國可持續發展議程提出的 17 項可持續發展目標，一起建設更美好的將來。

總會希望能夠更了解青年人的想法和喜好。十大傑出青年選舉 2018 頒獎典禮邀請了著名電台節目主持人朱薰為嘉賓主持與八位傑青對談，此外亦邀請了廣受本地學校師生歡迎的管樂五重奏組合「非凡管樂派」、以及深受本地青年人歡迎的樂隊 RubberBand 為表演嘉賓。

為了表示謝意，籌委會更準備刻名紅酒杯予預先登記的賓客、特製杯子蛋糕等小禮物。

在此謹代表籌委會感謝各界對今年「十大傑出青年選舉」選舉的關注和支持。



NATIONAL CORPORATE COMMUNICATIONS COMMISSION AND NATIONAL MULTI MEDIA COMMISSION

PR Workshop 4 - Insights on Digital Marketing and Branding

The final PR Workshop presented by National Corporate Communications Commission and National Multi Media Commission was successfully held on 22 November 2018. We were very grateful to have two distinguished Guest Speakers, Mr. Alvin Lam, Managing Partner, T12M Ventures Ltd.; Founder, 18HALL.com & The PacificLink Group, and Mr. Tony Tsang, Account Manager, AsiaPac Net Media Limited to come and share with us some practical tips on Digital Marketing and Branding which would be useful for our daily Chapter work.

Over 50 guests joined us for this inspiring workshop. Alvin shared with us some major key trends on digital marketing like how to leverage the media platforms to build your unique brand image and how to enhance our posts engagement on social medias.

Then Tony shared with us some in-depth analysis of our current Facebook posts and tips on making a quality post at right timing to engage the audience and build reaches.

All participants learnt and benefited a lot from the fruitful sharing by Alvin and Tony. We look forward to seeing more impactful posts on different social media platforms in future! Taking this chance, National Corporate Communications Commission would like to extend our appreciation to JCI Hong Kong and all the Chapters for your support over the year!













1st UNESCO HK PEACEMAKERS YOUTH TRAINING CAMP

JCI Hong Kong partnered with UNESCO HK to help deliver trainings to a group of 80 young peacemakers to 16 local and international schools, relating to the 17 UN Sustainable Development Goals (SDGs). Of the 80 students, 26 were also participants of uniformed groups.

The training camp aimed to strengthen their resilience in daily lives. The camp took place on October 20th to 21st at the Po Leung Kuk Holiday Camp. Students created their own peace pledge and incorporated the knowledge of the SDG and 5 aspects of Peace.


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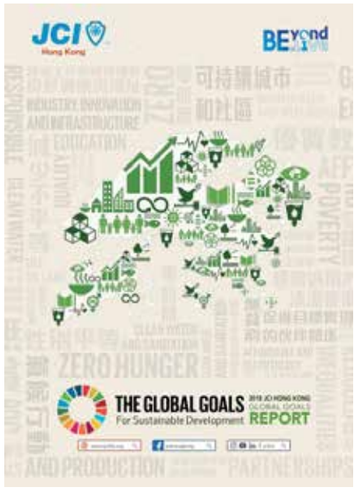

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PHOTO CAPTIONS

1. Senator Priscilla Wan (from JCI Shatin) served as the Head Trainer for the session by JCI Hong Kong. She led a simulation activity in which students took the role of small animals to experience what devastation global warming and garbage left behind by humans may cause to their survival.
2. National Global Goals Community Action Commission Chairman Joel Li (from JCI Apex) shared on the 17 SDG’s, the Geology and tropical climates of Hong Kong. He also led the “Leave no trace” sustainable tour competition.
3. National Vice President Irene Leung (from JCI Victoria) shared with and guided the groups on what makes a “Leave no trace” tour.
4. Jason Chung (from JCI Tsuen Wan) shared with the group on the essentials of planning their tours.
5. National Training & Development Commission Chairman Senator Pong Yau (from JCI East Kowloon) announced the winning teams with the best “Leave no trace” tours.
6. Representatives from UNESCO HK, Do Do So and Samantha Kong (both from JCI Hong Kong Jayceettes) with the trainer team.
7. Students participated in group activities and came up with creative plans for their eco-friendly “Leave no trace” sustainable tours of Hong Kong.

2018 JCI HONG KONG GLOBAL GOALS REPORT



Cover of the 2018 JCI Hong Kong Global Goals Report

QR code for the soft copy of the report.

The 2018 JCI Hong Kong Global Goals Report had been published and distributed to JCI members from all over the world during the JCI World Congress held in Goa, India. The report summarized current progress, statistics of Hong Kong relating to the Sustainable Development Goals, as well as the efforts from JCI Hong Kong and its affiliated 21 local chapters. Events had been labeled by specific Goals, key indicators, participant count media and partners involvement. Key impact were also highlighted in each program.

Hard copies of the report are available by request at the Chamber Office of JCI Hong Kong, and soft copies are available on the JCI Hong Kong website (also accessible by the QR code in this article).

"SUPPORT BETTER WORLD" YOUTH DEVELOPMENT PLATFORM



Main page of the "Support Better World" Youth Development Platform



Programs are categorized by the 17 Global Goals



This platform also features programs from various countries



Discussions between local and foreign youths related to the Global Goals will be held in the “discussion” section of the platform

The platform can be accessed on http://supportbetterworld.org or by scanning this QR code

More National Organizations from JCI, including Turkey, Japan, Korea, Mongolia and Cambodia have joined in on showcasing their programs on the platform. Submissions from other non-profit organizations are also welcome, and we invite you to join in and maximize our impact! Please Email unite@supportbetterworld.org for more details on submitting your programs.

32ND 5-STAR TRAINING CAMP
THE CAMP WHERE NEW MEMBERS GROW



Thanks to hosting chapters of JCI Tai Ping Shan, the 32nd 5-Star Training Camp was held successfully on 20 – 21 October 2018. More than 60 participants from different LOMs including trainers' team led by Head Trainer Past President Senator Marisa Choi joined the camp. Once again, a refined 4 modules were adopted. Prospective members and those JCIHK members with less than 1 year of full members experience were invited to to learn more about JCI and how the value of JCI help them to blossom in their lives. More than 70 members attended the graduation ceremony, whilst positive feedback was received.







EMPOWERING MEMBERS
EMPOWERING YOU

The National Member Empowerment Commission (總會會員賦權委員會) is a new Commission of JCI Hong Kong with a micro aim of helping members explore the values of JCI and a macro aim of assisting member retention through the use of coaching. In the first half of 2018, 7 workshops for President and Executive Committee members of local chapters were held to introduce coaching skills into practice. The program launched by the Commission is called "Be Better Coach Program". Throughout the workshops and program, more than 50% Executive Committee of local chapters were involved and creating greater impact on members together.



In the series of coaching workshops, many essential, fundamental and practical coaching concepts and skills were introduced to LOM ExCom members. They were highlighted as follows:

GROW Model	G stands for Goal	R is for Reality	O is for Options	W is for What is to be done, by When, by Whom and the Will to do it	
5R Coaching Skills	Refocus	Reality	Relation	Resources	Responsibility
CUP Model	Certainty	Urgency	Plan	C x U x P / 1,000 = <60% (not probable) = >60% (probable) = >65% (very probable)	
ABCDE Model	Attitude	Back to basic	Context, Constraints, Challenge, Change, Communication	Design for delight	End to end

In organizing the series of Workshops, heartfelt gratitude was expressed to 1999 National President Senator Louise Chan, 2002 National President Senator Tony Chan and 2012 National President Senator Stanley Ng for being the trainers to share their valuable experience and skills with the 2018 Executive Committee members of local chapters.

Why coaching? Coaching can assist to nurture future leaders in an organization, and to motivate members to achieve great results and personal growth at the end. See you soon in future Empowering events!











起動吧！全港沙灘潔淨日 2018

WORLD CLEANUP DAY 2018

On September 15th, 2018, JCI Hong Kong hosted World Cleanup Day 2018 in Hong Kong. The program was a full day event involving 4 major sections. (i.e. Event Ceremony, SDG Training Workshop, Guinness World Record Attempt, and Beach Cleanup)

WORLD CLEANUP DAY CEREMONY

With the support of Guest of Honor Under Secretary for the Environment Mr. Tse Chin-wan, sponsors, and supporting organizations together we kick started our full day program. Over 100 participants attended the ceremony.

The 6Rs of recycling "Reduce, Reuse, Replace, Rethink, and Recover" were the highlighted theme. The ceremony targeted to inspire participants to start creating change in daily life.





SDG TRAINING WORKSHOP

Over 80 students received training from our National Training Development Council Trainers. Through the training the students received information about UNSDGs and in-depth knowledge of waste issues affecting Life Below Water (UNSDG Goal 14).

GUINNESS WORLD RECORD ATTEMPT

An world record attempt to break the largest mosaic logo using recyclable plastic materials. The logo size reached a minimum of 285.32 Square meter. The art piece was led by local artist Lam Yuk Fai and complete with the help of local students and JCI Members.

Over 30 members and students attempted the record together starting from September 14th to September 15th.









WORLD CLEANUP DAY BEACH CLEANUP

Over 40 participants participated in the beach cleanup located at Shui Hou Wan. Participants had first-hand experience to conduct beach cleanup and with our facilitators sharing, participants were able to learn about the importance of waste sorting and reduce consumption.

BEACH CLEANUP WITH COMMUNITY PARTNER

On October 1st, 2018, JCI Hong Kong participated in a beach cleanup arranged by Under Secretary for Commerce and Economic Development to cleanup Shui Hou Wan after "Typhoon Mangkhut." JCI Hong Kong members worked alongside with 4 like-minded local organizations. Together we aimed to create a cleaner environment.





JCI Victoria 維多利亞青年商會
www.vjc.org.hk

Grandparents' Day

JCI Victoria organizes the "Grandparents' Day" every year to impel the young people to treasure family happiness. Apart from showing their love, care and appreciation for their grandparents. Grandparents' Day also provides a viable means to mobilize the young people to enhance their relationship and harmony. Ultimately, harmony within families of three generations and the community as a whole can be attained.



JCI Kowloon 九龍青年商會
www.jcikowloon.org

Children Chinese Calligraphy Competition Closing Ceremony & Award Presentation

Children Chinese Calligraphy Competition aimed to promote Chinese calligraphy culture to the society. The awardees aged 6 to 14 were empowered by practicing Chinese Calligraphy and rethinking the meaning of being active citizen of Hong Kong under the theme of "Heart of Hong Kong".



JCI Island 港島青年商會
www.ijc.hk

O! Love Tour 2018

The main purpose of the program was to express our care to the singleton elderly people through the arrangement of an overseas tour to those who had never flown on an airplane. The tour was in the form of a 3-day-2-night trip to Taipei for selected elderly people and university students. Each elderly person was paired up with a university student during the trip.



21 LOCAL CHAPTERS' EVENTS

THERE ARE 21 LOCAL CHAPTERS AFFILIATED TO JCI HONG KONG. EACH OF THEM HAVE THEIR OFFICIAL LANGUAGES, SUCH AS ENGLISH, CANTONESE, PUTONGHUA OR BILINGUAL.



JCI Peninsula 半島青年商會
www.hkpjc.org

「我們愛讀書2018」之 黔夢驕陽

今年本會有幸得到善長賴愛華女士贊助下，「香港半島青商皓琳天堂中心完全小學」教學樓得以落成。



JCI Hong Kong Jayceettes 香港女青年商會
www.hkjtt.org

Care & Dare 2018: Community Service Day

20 Jayceettes members and friends participated in the Pressed Flower Crafts Workshop co-organised by Audio Description Association Hong Kong (AuDeAHK). Every two volunteers paired with a visually impaired participant to make three different crafts. Everyone donated one piece of craft to AuDeAHK for fund-raising and had an enjoyable afternoon.



JCI Lion Rock 獅子山青年商會
www.jcilionrock.org.hk

傾．聽行動2018-社交推廣日

為培養面對面溝通及積極聆聽的習慣，本會於8月5日聯同東華三院心瑜軒舉辦社區推廣日，透過活動鼓勵大家放下手機，主動與親友面對面溝通，關心他們的需要，積極聆聽及傾訴心中情。



JCI Harbour 海港青年商會
www.hjc.org.hk

「充電吧！香港人」身心健康推廣計劃

嘉許承諾為員工提供「微放鬆」措施的公司/機構，讓員工休息片刻，繼而提升工作效率。



JCI Yuen Long 元朗青年商會
www.yljc.org.hk

元朗青年商會關愛長者日

關懷弱勢社群，推動社區共融。我們與博愛醫院合辦的安老院探訪活動中，派發福袋，與長者互動，以喚起青年人對長者的關注，更以愛傳承青商精神。



JCI Tai Ping Shan 太平山青年商會
www.jcitps.org.hk

太平山青年商會十月份月會「如果我是 ... ... ?」

本會非常榮幸邀請到Mr.結他手Ronny分享他對音樂的熱誠，當初勇於放棄高薪厚職，才能成就今天台上的光芒！



JCI Bauhinia 紫荊青年商會
www.bjc.org.hk

《港日國際青年交流2018》

紫荊青年商會國際事務組為你提供不一樣的平台，讓你輕鬆留港，就能近距離接觸不一樣的日本文化，感受另一層次的國際交流。超過126人參加的港日交流活動，當中86位來自日本京都各分會的會友抵港。大會經過細心安排，分成12小隊，當中包括京都各分會會友，紫荊青年商會會友，香港日語文化協會師生以及其他機構參加者。由不相識到相識，達至溝通，除了時間上的磨合，更重要的是各參加者各持欣賞和持續學習的心志。言語不通並沒有阻礙交流活動的進行，相反因為言語不同，參加者更用心聆聽和理解大家想表達的情感。





JCI Dragon 騰龍青年商會
www.jcidragon.org.hk

Green Dragon

Green Dragon was a one-day event which to deliver love to single-parent families and singleton elderly through healthy and playful green cooking. 25 single-parent families from 'Hong Kong Single Parents Association' and 25 singleton elders from 'Banyan Elderly Services Association' were invited to join the event. There were over than 120 participants in this activity.



JCI East Kowloon 東九龍青年商會
www.jciek.org

Family Harmony 2018 - Food. Love. Share

Regardless of your age, you can always learn something new every day! JCI East Kowloon held a cooking workshop and nutrition seminar for 20 families that have members across 3 generations. Eat wisely, and share the quality time with your family!



JCI City 城市青年商會
www.jcicity.org.hk

兒童飛龍大使選舉2018 暨
第30屆亞太兒童交流大會 – 香港區選舉

六位兒童交流大使在7月12至7月24日代表香港，與來自世界各地的大使交流歡聚，並融入接待家庭的生活，盡情體驗日本文化，更在各國代表面前演唱[獅子山下]。



JCI Queensway 經緯青年商會
www.jciqueensway.org.hk

July Monthly Fellowship Gathering –
Ecopark Visit and Water Rocket Competition

Our July Monthly Fellowship Gathering – Be Active and Eco-friendly! has been successfully held on 29th of July, 2018 with Glorious Light Neighborhood Centre. Children from Ho Man Tin District enjoyed the event with a visit to Ecopark, barbeque and water rocket competition.



JCI North District 北區青年商會
www.ndjc.org.hk

「退而不休？共創耆職！」

「共創耆職」經營市集體驗暨活動啟航禮喚起長者自強不息的精神，發掘興趣成為人生第二職業！



JCI Ocean 浩洋青年商會
www.oceanjc.org.hk

芳療護老創紀錄

23/8延續『芳療護老創紀錄』當天未能受惠之長者，為一眾長者提供「芳療護老」的手部按摩服務。



JCI Sha Tin 沙田青年商會
www.jcishatin.org

Sister Chapter JCI Wayakama Formal Reception in Hong Kong

The Organizing Team of the JCI Wayakama Formal Reception arranged a Chinese Kung Fu Lesson, which was a good cultural exchange between Japanese and Chinese. All members from JCI Sha Tin and JCI Wakayama had a good time by learning different moves and steps of Chinese Kung Fu.



JCI Apex 晉峰青年商會
www.ajc.org.hk

《讓愛全接觸》成果分享會暨閉幕禮

視障長者樂隊「七色音符」在閉幕禮上為我們演唱多首歌曲，展現視障長者一樣能衝破障礙，跨越地域、文化和語言，將愛與力量帶到全世界。





JCI City Lady 城市女青年商會
www.jcicitylady.org.hk

城市女青年商會會員周年大會

城市女青年商會會員周年大會當日，董事局總結年度工作，更遴選下年常務董事局。



JCI Tsuen Wan 荃灣青年商會
www.jcitsuenwan.org

“Hard work beats talent when talent doesn’ t work hard.” – Tim Notke

It is known that there are lots of talented people all over the world. However, talent is not enough. Some of the sport players with the most potential never pan out. What separates the good from the great is grit and work ethic.



JCI Lantau 大嶼山青年商會
www.jcilantau.org.hk

JCI Lantau’ s UN Project
“Sustainable Development Goals Survey Regarding Gender Equality”

In response to the theme of 2018 Global Partnership Summit Global Goal #5: Gender Equality, JCI Lantau took an initiative to conduct a survey regarding the issue of gender equality in the workplace and education in US (New York), Japan (Kagoshima) and Hong Kong. The research yields inspiring results.

CT ENVIRONMENTAL GROUP LIMITED



2017 贊助煙花匯演賀香港特別行政區成立二十週年



廣州海滔永和污水處理廠



廣西玉林（福綿）節能環保產業園



2017 贊助創科博覽

中滔環保

集團有限公司（1363.HK）作為一家專業的綜合環保解決方案提供商，以BOO（建造-擁有-運營）為主體，BOT、PPP 等多種模式進行項目投資和運行，為客戶提供一站式、一體化、綜合的、量身訂造的集中式污水處理（生活及工業）、工業供水、固體廢物處理處置、危險廢物處理處置、流域綜合治理、土壤修復、農業污染治理、環保檢測服務等全產業鏈，形成了具有核心競爭力的環保產業發展模式，服務內容涵蓋環保設施的規劃、設計、採購、建設、營運及維護全過程。中滔環保擁有20多年的環保行業經驗，並於2013年9月在香港聯交所主板掛牌上市，是全國最具特色的環保企業之一。

中滔環保分別向中山大學、北京大學以及華南理工大學捐贈資金成立“中山大學中滔環保獎學金”、“北京大學中滔環境教育基金”和“中滔環保獎學金”，旨在對教育的大力支持，以及對廣大學子的扶持，資助他們早日成才。中滔環保還與廣東省環境保護廳直屬學院 — 廣東環境保護工程職業學院全面合作，成立“中滔環保班”，為儲備契合企業需求的實用型。

CTEG
中滔環保